



# Community and Vision



## *Remembering Our Loved Ones in November*

November is the month the Church dedicates to praying for the faithful departed. We begin with All Souls' Day (2 November), a solemn reminder of our communion with those who have gone before us. Throughout this month, we are invited to remember our loved ones who have died and to commend them to God's mercy through prayer and the Holy Mass. It's a beautiful tradition to offer a Mass for the souls of the departed, entrusting them to God's eternal embrace.

Our normal practice for Mass offerings at St Benedict's is to use a Mass offering envelope, which can be found at the back of the church, and give them directly to one of our priests.

We always honour these requests, though not always on the exact requested date, as only one intention can be offered per Mass. Requests for specific dates and anniversaries are prioritised whenever possible.

Please note that Mass offerings are not always announced publicly unless specifically requested.

Any donations given for Mass offerings are not used for the parish or clergy, but are directly given to those in need. Let us take this month to hold our beloved loved ones in prayer, confident in the hope of the resurrection.

**St Benedict's**

# Events and Announcements

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NOV

## St Benedict's Bible Study

Join us for the last Bible Study for the year, Tuesday the 4<sup>th</sup> of November, 7:00–8:30pm in the Collins Wing. Focusing on the Acts of the Apostles with the Little Rock Catholic Scripture Series.

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NOV

## Healing Mass: For those who have suffered Infant Loss

On Friday at the 5:30pm Healing Mass, on the 7<sup>th</sup> of November, we will be having a special Healing Mass for those who have suffered Infant Loss, including babies lost to miscarriage, abortion, stillbirth, and those who have died in infancy.

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NOV

## Captivated: Women's Twilight Retreat

The Missionaries of God's Love Sisters invite all single young women to come to a Twilight Retreat at 2pm on the Sunday 9th November at their home. Come as you are, soak in His presence and be refreshed to live the life He is calling you to, as you 'Meet Him at the Well.' For more info or to register, scan the QR code or see the flyer in the foyer.



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NOV

## Men's Sharing group

All men are welcome to Men's Sharing Group that occurs fortnightly in the Parish Centre. The next meeting will be on the Tuesday 11th of November starting at 7:30pm. For more info, contact John via the Parish Office.

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NOV

## Coffee at Gryphons

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 13th of November.



## Where do I locate the Weekend Roster?

Apart from Weekend rosters being emailed out quarterly, the roster is located behind the sacristy door.



## Volunteer's Reminder: WWVP Cards and Code of Conducts!

Just a reminder for ALL volunteers if you haven't already, to please send in to the Parish Office scanned copies of your WWVP card and signed the Code of Conduct. Thank you to those who have already!



## Want to receive an Online Bulletin?

If you are wanting to receive an online bulletin and join the mailing list, please contact Parish Office at [narrabundah@cg.org.au](mailto:narrabundah@cg.org.au) or call 02 6295 7879. They are also uploaded to the Parish Website each week.



## Adoration Roster -Current hours to fill

1. Wednesday: 4-5pm
2. Thursday: 4-5pm

If you can fill one of these, please sign up via the QR-Code!



## Notices Outside the Parish

### ARCHBISHOP'S DAY OF TEACHING

8 November | 8:30am–4pm | All Welcome!  
@ St Peter Chanel's, Yarralumla.

A day of inspiring talks, praise and worship, Holy Mass, prayer ministry, Reconciliation, and fellowship – plus our famous morning tea and sausage sizzle lunch (free, with a collection taken). Guest speaker: Brother Lalith Perera, alongside Archbishop Christopher Prowse.

Register at [Trybooking](#):

<https://shorturl.at/6WK7C>, call Maida 0423 658 326, or email [canberra.ccr@gmail.com](mailto:canberra.ccr@gmail.com).

### VOCATIONS DISCERNMENT DINNER

20 November | 6:00pm | Men only  
Vocations Discernment Dinner at Gungahlin Presbytery: Thursday 20 Nov 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To RSVP please contact Vocations Director Fr Emil [emil.milat@cg.org.au](mailto:emil.milat@cg.org.au)

## Regular Parish Groups

### REST IN ME MEDITATIONS

Each Wednesday  
10am-12pm, Parish Centre  
Ayanthi Perera

### MOTHERS PRAYERS

Each Monday (school term)  
9.30am, Parish Centre  
Rachael Nano (Contact Parish Office)

### KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)  
Contact Sherice (Contact Parish Office)

### STREET MINISTRY

**Friday Nights**  
After 5:30pm Mass, Civic

### FUSION YOUTH GROUP

Friday Nights (Fortnightly)  
7-9pm (Contact Axel Healey)

## Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Melissa Dixon, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien and all those sick in our parish.

### Recently Deceased: John Hurley

John Hurley Funeral: Friday 7<sup>th</sup> of November 11am @ St Benedict's

### Priests:



### Parish:



## Giving / Stewardship

### Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

### Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Is 25:6-9

The Lord God will destroy death for ever.

On this mountain,  
the Lord of hosts will prepare for all peoples  
a banquet of rich food.  
On this mountain he will remove  
the mourning veil covering all peoples,  
and the shroud enwrapping all nations,  
he will destroy Death for ever.  
The Lord will wipe away  
the tears from every cheek;  
he will take away his peoples shame  
everywhere on earth,  
for the Lord has said so.  
That day, it will be said: See, this is our God  
in whom we hoped for salvation;  
the Lord is the one in whom we hoped.  
We exult and we rejoice  
that he has saved us.

Responsorial Psalm

Ps 26:1. 4.7-9. 13-14. Rv.1. Alt. R v.13  
(R.) The Lord is my light and my salvation.

- 1 The Lord is my light and my help;  
whom shall I fear? The Lord is the  
stronghold of my life; before whom  
shall I shrink? (R.)
- 2. There is one thing I ask of the Lord,  
for this I long,  
to live in the house of the Lord,  
all the days of my life,  
to savour the sweetness of the Lord,  
to behold his temple. (R.)
- 3. O Lord, hear my voice when I call;  
have mercy and answer. It is your  
face, O Lord, that I seek; hide not  
your face. (R.)
- 4. I am sure I shall see the Lord's  
goodness  
in the land of the living.  
Hope in him, hold firm and take heart.  
Hope in the Lord! (R.)

Second Reading Rom 5:5-11

Having been justified by his blood, we will be saved from  
God's anger through him.

Hope is not deceptive, because the love of  
God has been poured into our hearts by the  
Holy Spirit which has been given us. We  
were still helpless when at his appointed  
moment Christ died for sinful men. It is not  
easy to die even for a good man – though of  
course

for someone really worthy, a man might be  
prepared to die – but what proves that God  
loves us is that Christ died for us while we  
were still sinners. Having died to make us  
righteous, is it likely that he would now fail  
to save us from God's anger? When we were  
reconciled to God by the death of his Son,  
we were still enemies; now that we have  
been reconciled, surely we may count on  
being saved by the life of his Son? Not  
merely because we have been reconciled  
but because we are filled with joyful trust in  
God, through our Lord Jesus Christ, through  
whom we have already gained our  
reconciliation.

Gospel Acclamation Jn 6:39

Alleluia, alleluia!  
This is the will of my Father, says  
the Lord,  
that I should lose nothing of all that  
he has given to me,  
and that I should raise it up on the  
last day.  
Alleluia!

Gospel Lk 7:11-17

Young man, I tell you, arise.

Jesus went to a town called Nain,  
accompanied by his disciples and a great  
number of people. When he was near the  
gate of the town it happened that a dead  
man was being carried out for burial, the  
only son of his mother, and she was a widow.  
And a considerable number of the  
townspeople were with her. When the Lord  
saw her he felt sorry for her. 'Do not cry,' he  
said. Then he went up and put his hand on  
the bier and the bearers stood still, and he  
said, 'Young man, I tell you to get up'. And  
the dead man sat up and began to talk, and  
Jesus gave him to his mother. Everyone was  
filled with awe and praised God saying,  
'A great prophet has appeared among us;  
God has visited his people.' And this opinion  
of him spread throughout Judaea and all  
over the countryside.

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Reflection by Fr Michael Tate

Today, many of us will visit the grave or  
plinth of a beloved member of the family  
or a friend. If you are like me, you will  
first tidy the area, prune any dead heads  
off the rose bush, place some fresh  
flowers and then pray.  
The beautiful Catholic custom is that on  
this day especially – All Souls' Day – we  
pray for those who have died. We prayed  
for them when they were with us on  
earth. Death is no barrier to continuing  
that prayer. We pray for them and for  
ourselves that one day, when every tear  
is wiped away, we may join them in  
heavenly bliss.  
What grounds our hope? Nothing more,  
nothing less, than the victory of Jesus  
Christ over death. We pray that those we  
love even now are sharing in the benefits  
of that triumph. For most, as I expect for  
me, that may involve a purging of those  
traits of personality which prevent the  
fullest participation in the bliss of  
Heaven. But that bliss is what God  
desires for each one of them and for me.  
  
God prays for the fulfilment of that desire  
whilst souls are being purged (whatever  
that may involve). Our praying for the  
dead is simply our participation in this  
prayer of God, our privilege which we  
intentionally share in. Even those not  
intentionally sharing our faith often say  
R.I.P., rest in peace, and that is a prayer!  
And so we pray with confident Christian  
hope: 'Endless light shine on those we  
love, O Lord. May their souls and the  
souls of all those who have died, through  
the mercy of God rest in peace. Amen.'

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)  
12:30pm (Wed)  
5.30pm Friday Healing Mass

Saturday

8am  
6pm (Vigil)

Sunday

9am  
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus  
in the Blessed  
Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday  
mass except Fridays.  
After Sat 8am Mass.



RECONCILIATION

Friday

6:15pm - 7pm

Saturday

4pm - 4.30pm



SPIRITUAL DIRECTION  
& PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)  
Fr Samson Ezemuokwe MGL (APP)  
Fr Joseph Nivaskaran MGL (APP)  
Fr Tony Schick MGL

PARISH OFFICE

(02) 6295 7879  
narrabundah@cg.org.au  
Tue/Thurs/Fri: 9am-12pm

MUSIC COORDINATOR

Ariana Strmota (Contact Parish Office)

SAFEGUARDING OFFICER

Julie Long  
Contact: IPPS@cg.org.au